

Where else can I turn?

ORGANIZATION	TYPE OF HELP	NUMBER	WEBSITE
Alcohol/Drug 24-Hour Help Line	Alcohol, Drugs & Addiction – Support Group	(800) 562-1240	
Care Crisis Response Services	Crisis Counseling	(800) 584-3578	
Girls' and Boys' Town (alcohol and other drugs) 14-Hour Hotline	Alcohol, Drugs & Addiction – Support Group	(800) 448-3000	
Domestic Violence Hotline	Crisis Response	(800) 562-6025	
National Eating Disorder Association		(800) 931-2237	
National Suicide Prevention Hotline	Crisis Response	(800) 273-8255	
Young Women's Christian Association (YWCA) – (rape/sexual assault)		(800) 695-0167	
Sound Mental Health	Mental Health Counseling, Alcohol, Drugs & Addiction	206-302-2300	www.smh.org
Therapeutic Health Services	Mental Health Counseling, Alcohol, Drugs & Addiction	206-322-7676	www.ths-wa.org
Alateen & Alanon	Alcohol, Drugs & Addiction – Support Group	206-625-0000	www.seattle-al-anon.org
Alcoholics Anonymous	Alcohol, Drugs & Addiction – Support Group	206-587-2838	www.seattleaa.org
Gambler's Anonymous	Alcohol, Drugs & Addiction – Support Group		www.gamblersanonymous.org
Marijuana Anonymous	Alcohol, Drugs & Addiction – Support Group	206-414-9270	www.madistrict4.org
Narcotics Anonymous	Alcohol, Drugs & Addiction – Support Group	206-790-8888	www.seattlena.org
Friends of Youth	Counseling	425-298-4846	www.friendsofyouth.org
Youth Eastside Services	Mental Health Counseling, Alcohol, Drugs & Addiction	425-747-4937	www.youtheastsideservices.org
End Harm – Child Protective Services (24 hrs)	Child Abuse Reporting	1-866-ENDHARM	
Consejo Counseling & Referral Service	Counseling (Spanish-speaking)	206-461-4880	www.consejocounseling.org
Northshore Youth & Family Services	Counseling	425-485-6541	
24-Hour Crisis Line	Crisis Counseling	1-866-4CRISIS	
Teen Link	Crisis Counseling	1-866-TEENLINK	www.866teenlink.org
Bellevue Parent/Teen Mediation Program	Family Mediation	425-452-4091	