

The background is a gradient of dark blue and purple, speckled with small white dots. Overlaid on the left side are several concentric circles and a large circular scale with degree markings from 140 to 260. Some circles have arrows indicating a clockwise direction.

# FOCUS ON FIT:

SELECTING A SCHOOL THAT'S RIGHT FOR YOU

# AGENDA

- Words of wisdom
- Preparing for a school search
- Considerations
- Scholarships / Financial Aid
- Parent Tips
- Resources
- Questions and upcoming events

# WORDS OF WISDOM

- Relax, you will get in to a school😊
  - Pressure to perform academically at high levels and to enter selective schools takes an emotional toll on students
  - Broad range of excellent schools across the country
  - Many paths to professional success
  - Focus on whether a school or program is a good fit
- Success in the New Economy <https://vimeo.com/67277269>

# KNOW YOURSELF

- Values
- Ambitions
- Achievements
- Academic Strengths
- Interests
- Your Standout Talents



# MEASURE YOUR SUCCESS FACTORS

- Identifying your strengths, weaknesses, likes, and dislikes can help with the post high school decision
  - ✓ Study habits
  - ✓ Motivation
  - ✓ Stress management
  - ✓ Time management
  - ✓ Course selection
  - ✓ Interests
  - ✓ Skills
  - ✓ Commitment

# IDENTIFYING YOUR PRIORITIES

## ➤ What is important to you?

- ✓ Location and size
- ✓ Cost (tuition, fees, room and board)
- ✓ Curriculum, instruction, certificates / degrees, study abroad
- ✓ Admission requirements
- ✓ Facilities (library, dining/quality of foods and nutrition, student store, technology)
- ✓ Campus life (activities, housing, diversity, transportation, community, health services, accessibility)
- ✓ Campus security
- ✓ Athletics, clubs, student organizations

# RESEARCH POST HIGH SCHOOL EDUCATION OPTIONS

- ☐ Apprenticeships
- ☐ Military
- ☐ Private Career Schools
- ☐ Community College
- ☐ Vocational/Technical College
- ☐ Four Year College

# APPRENTICESHIPS

- **Agriculture, horticulture and related industries**
- **Automotive**
- **Building and construction**
- **Business services**
- **Electrician**
- **Finance services**
- **Food**
- **Cosmetology**
- **Community services & health**
- **Information technology**
- **Light manufacturing**
- **Local government**
- **Metals and engineering**
- **Printing**
- **Process manufacturing**
- **Property services**
- **Public services**
- **Retail**
- **Seafood**
- **Sport and recreation**
- **Telecommunications**
- **Tourism**
- **Transport and distribution**
- **Utilities and energy**



# MILITARY

AIR FORCE ~ ARMY ~ NAVY ~ MARINES ~ COAST GUARD

Enlistment: You sign up with the branch of the military you want and enter the service right away. You start with “boot camp” and then they typically train you for a specific job.

ROTC (Reserve Officers’ Training Corps): You join the military and are allowed to attend a 4-year university. You have the college experience with limited military commitment. After graduation from college, there is a 4-year commitment to the military. Graduates enter active service as an officer which has better benefits and pay, not to mention a college degree the military paid for.

Military Academies: These are elite military universities that are very competitive to get into. It varies from ROTC in that you live a military life-style while attending college.

# PRIVATE CAREER SCHOOLS

Certificate programs take less time to complete than degree programs.

☐ Aviation

☐ Film

☐ NASCAR

☐ Massage

☐ Professional Gaming

☐ Dental

☐ Truck Driving

☐ Pilates / Yoga

☐ Culinary

☐ Helicopter

☐ Bartending

☐ Cosmetology

☐ Art School

☐ Floral Design

☐ Welding

☐ Fashion

# BENEFITS OF COMMUNITY COLLEGE

- ❑ Four types of degrees: academic transfer degree, professional-technical degree, certificates of achievement, bachelor degrees
- ❑ Affordable; core classes completed for less \$\$
- ❑ Smaller, easier to navigate, less stressful
- ❑ SAT/ACT not required; no minimum GPA
- ❑ 40% of all four-year college students start here
- ❑ [Checkoutcollege.com](http://Checkoutcollege.com)

# TECHNICAL COLLEGES

Technical colleges offer two year degrees in technical programs like automotive technology, diesel equipment technology, gaming, and culinary arts to name just a few. Technical colleges also offer AA degrees and certificate programs in some fields. For more information, visit [CheckOutACollege.com](http://CheckOutACollege.com)

There are six technical colleges in Washington State.

- ☐ [Bates Technical College](#)
- ☐ [Bellingham Technical College](#)
- ☐ [Clover Park Technical College](#)
- ☐ [Lake Washington Institute of Technology](#)
- ☐ [Renton Technical College](#)
- ☐ [Seattle Vocational Institute](#)



# FOUR YEAR SCHOOLS: ASSESS WHERE YOU STAND

If you are planning on attending a 4 year college, know the admissions criteria.

C----- Curriculum  
R----- Rank\* (available in October)  
I----- Interests  
T----- Test scores  
E----- Essay  
R----- Recommendations\*  
I----- Interview\*  
A----- Academic Performance

➤ \*Usually required at private/selective colleges

# PUBLIC COLLEGE CRITERIA

## ❑ The Big Three

- GPA
- Test Scores (ACT / AP / SAT / SAT SUBJECT)
- Completion and Rigor of Core

## ❑ And Then There's

- Personal Statement
- Activities/Employment/Volunteer Commitments
- Leadership/Honors/Awards
- Demonstrated interest
- Special Considerations

When all of the above is considered in the admission process, it's called Holistic Review

# JUNIOR YEAR CHECK LIST : The 3-Tier Approach

- ❑ Based on curriculum, GPA, test scores, and list of important school criteria, begin a list of schools for each:

Safety Schools—likely to be admitted

Match Schools—probably will be admitted

Reach Schools—long shot in being admitted

- ❑ With a target number of 4 to 6, finalize college list
- ❑ Students should apply to at least one in state college
- ❑ Focus on quality and fit—not quantity and ‘name brands’
- ❑ Attend National College Fair on October 27 and 28 @ the Washington State Convention Center in Seattle

# NEXT STEPS

## In School

- ✓ Stay focused on academics
- ✓ Do not lighten academic load for senior year
- ✓ Talk with your counselor if you have questions
- ✓ Stay involved in school activities

## Standardized Testing (if needed)

- ✓ Prepare for and register for ACT / SAT tests
- ✓ Register for AP tests as appropriate

## Explore

- ✓ Explore schools on the Web
- ✓ Visit schools if you can
- ✓ Meet with admissions representatives
- ✓ Attend school



# FINANCIAL AID

- ✓ Check college website for information
- ✓ Attend Financial Aid night at LWHS in the fall
- ✓ Complete the FAFSA (Free Application for Federal Student Aid)/WASFA after 10/01/2017
- ✓ Private/selective schools may also require the College Board's Financial Aid PROFILE
- ✓ Check WUE (Western Undergraduate Exchange) for tuition help for specific out of state schools

# SCHOLARSHIPS

- ✓ Visit College and Career Center in person or online
- ✓ Research free scholarship search sites; check out weekly Scholarship Bulletin
- ✓ Create scholarship application portfolio
- ✓ Check with your intended school for specific scholarship opportunities
- ✓ Apply, Apply, Apply!

# TIPS FOR PARENTS

- Help your student understand the search process
- Be realistic and non-judgmental
- Be in the 'back seat' – and not the driver of the search process
- Be open to dialogue and responsive to questions
- Be aware of deadlines and fees due
- Know that things have changed
- Don't overemphasize your own choices
- Don't compare your student with others
- Don't dwell on disappointment, like a rejection letter
- Celebrate successes!

# RESOURCES

- Apprenticeships – <http://www.ini.wa.gov/TradesLicensing/Apprenticeship/default.asp>
- Cappex – [www.cappex.com](http://www.cappex.com)
- Career Cruising – access through Haiku
- College Board – <https://bigfuture.collegeboard.org/>
- FAFSA – <https://fafsa.ed.gov>
- Military – [www.military.com](http://www.military.com)
- Workforce Training & Education Board – [www.wtb.gov](http://www.wtb.gov)
- The WashBoard – [www.theWashBoard.org](http://www.theWashBoard.org)
- Washington State Community and Technical Colleges – [www.sbctc.edu](http://www.sbctc.edu)



# UPCOMING EVENTS

- Four Year College Application Process in September 2017
- Senior Seminars on October 11<sup>th</sup>, 2017
- Financial Aid Night in October 2017

# QUESTIONS?

A – B	Lenore Gallucci	<a href="mailto:lgallucci@lwsd.org"><u>lgallucci@lwsd.org</u></a>
C – DOO	Cameron Miller	<a href="mailto:cammiller@lwsd.org"><u>cammiller@lwsd.org</u></a>
DOP – JEN	Toby Doyle	<a href="mailto:tdoyle@lwsd.org"><u>tdoyle@lwsd.org</u></a>
JEO – MIK	Taylor Reuhl	<a href="mailto:treuhl@lwsd.org"><u>treuhl@lwsd.org</u></a>
MIL – SER	Sara Ray	<a href="mailto:saray@lwsd.org"><u>saray@lwsd.org</u></a>
SES – Z	Marilyn Hargraves	<a href="mailto:mhargraves@lwsd.org"><u>mhargraves@lwsd.org</u></a>